**Patient information**

**For women who have had breast reduction surgery**

* Most women who have had breast reduction surgery have been able to preserve the ability to breastfeed due to the surgical technique. However, following a breast reduction, several milk ducts and some of the nerve supply to the nipple may be damaged, and there will be somewhat less breast tissue. These are the main reasons for any breastfeeding difficulties.

**Velkommen til Kvinneklinikken (skrift.str. 24)**

Stavanger universitetssjukehus

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[Siter kilden din her.]

* Let your baby suckle often. Frequent stimulation is important in order to get milk production started. If your child is unwilling to suck early on, a lot of skin contact is recommended. In addition, you should hand milk or use a breast pump.
* Breast reduction surgery may lead to sluggish milk flow. The nasal spray Syntocinon is a prescription medication that can help to improve the let-down reflex.
* The baby's weight is monitored. This is a deciding factor for whether the infant needs additional formula milk.
* Some breast milk is a very good thing. Partial breastfeeding is a good alternative if you don't produce enough milk.

For more information you can visit these pages: <http://www.ammehjelpen.no> in Norwegian) and <http://bfar.org> ( in English)

**The Women's Clinic**

Stavanger University Hospital

Kvinneklinikken SUS, februar-23  
 [www.sus.no/kvinneklinkken](http://www.sus.no/kvinneklinkken)