**Patient information
Keyhole surgery (laparoscopy)**

Keyhole surgery can be used to gain an overview of the abdominal cavity when the cause of a problem is unclear. A doctor will inform you of findings during the operation and what has been done, either on the day of the operation, or the following day.

The surgery is qualified for registration in the Norwegian endoscopy register. For further information about your rights and how to decline registration check the website [**www.siv.no/nger**](http://www.siv.no/nger)

**Before the operation**
You have been informed about the operation during the preliminary examination /"journal recording". If you are taking medication, it is important that your medication list is updated.

**Operation method/anaesthetic**The operation is carried out under general anaesthetic. A camera, to aid surgery, is passed through a small incision in the navel. In addition, we also make use of several small incisions in the abdominal wall for operating instruments. In this way, the ovaries, fallopian tubes, womb, and other internal organs can be examined. After the operation, you should normally get out of bed after a few hours to reduce the risk of blood clots.

**Test results** Any tissue removed is sentfor analysis. The test results are sent to the referring doctor. You will be contacted when the results are ready, if this has been specifically agreed.

**Complications**
There is a risk of complications during any operation, both during and after the operation. General anaesthetic and other forms of anaesthesia also involve a slight risk.

* Bleeding and infection may arise. Injury to the gut, bladder, urinary tract or nerves can occur, but this is very rare.
* Blood clots can occur even though you receive blood-thinning medication.
* Sometimes we have to switch to open surgery in order to gain a satisfactory overview, due to complications or difficulties with the operation.

**After returning home**
You should continue taking pain relief medication regularly for the first few days, even if you don't have a lot of pain. You can reduce the dose and take it as needed after a few days, when the pain lessens.

The degree of pain/discomfort afterwards depends on what has been done. Many experience "wind pains" with pain in the shoulders/neck, which may last for 1-2 days. Light vaginal bleeding is normal for 1-4 weeks. Intercourse, bathing, and use of tampons should be delayed until the vaginal bleeding has stopped.

You can maintain normal activity at home. You will receive a sick note for 3-7 days depending on what has been done and what kind of work you do.

Contact us if you have a fever, heavy bleeding, or increasing pain. The same applies to swollen legs, or increasing shortness of breath.

**DK Hillevåg**
Contact us on tel.: **51 51 44 99**. Open until 18:00 on weekdays. For contact after 17:00, or on weekends, contact the **Gynaecological department** on tel. no.:**51 51 87 77**

**Welcome to the Women's Clinic** Stavanger University Hospital

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 [www.sus.no/kvinneklinkken](http://www.sus.no/kvinneklinkken)